

Introductory Certificate in Coaching Adults Football

Three evening workshops tutored by Steve Fallon, plus the FA Emergency Aid Workshop tutored by Phil Ward.

Dates: Mondays 5th Sept, 12th Sept, 19th Sept, & 26th Sept

Time: 6.30pm–9.30pm

Venue: Witchford Village College, Manor Road, Witchford, Ely, Cambs.
CB6 2JA

Cost: £35



Adult Level 1 Coaching Course

WORKSHOP ONE – Team & Player Management

Monday 5th Sept, 6.30pm-9.30pm – Witchford Village College

- Effective communication
- Non verbal communication
- The team talk, what should you say at half time
- Practical session on shooting – does feedback and encouragement influence performance?
- Practical rehearsal and feedback

WORKSHOP TWO – Training Sessions

Monday 12th Sept, 6.30pm – 9.30pm – Witchford Village College

- Warm-up drills • Technical drills • Shooting drills • Small sided games

WORKSHOP THREE – Fitness in Football, Match Analysis & Tactics.

Monday 19th Sept, 6.30pm – 9.30pm – Witchford Village College

- Fitness training • Team play & Match analysis session
- Tactics and Player development

Emergency First Aid

Monday 26th Sept 6.30pm – 9.30pm - Witchford Village College

- CPR • Control of bleeding • Dressing wounds • minimizing shock • dealing with choking and heart attacks

The FA strongly recommends that each club has a person who holds the Emergency Aid qualification in attendance at every game. The certificate is valid for three years and, after expiry, you must attend another course to update your qualification. Charter Standard Adult Clubs must have a person with a valid first aid certificate with each team.

Managers/coaches who attend all the workshops will receive the Introductory Certificate in Coaching Adults Football certificate

Workshops will include some theory and practical, so don't forget your boots and training kit (Not required for the Emergency First Aid workshop)

Practical sessions will be on the 3G Astro turf at Witchford Village College. Moulded studs, astros or trainers are allowed. **No blades or metal studs**

Places are limited, so if you would like to attend complete the attached booking form and return to Gerry Daish at the address shown.



CAMBRIDGESHIRE FOOTBALL ASSOCIATION LIMITED



COURSE APPLICATION FORM 2010

The Introductory Certificate in Coaching Adult Football



(Please complete both pages of this Application Form in full – one form per person please)

Surname:	Title:	Address:
First Name(s):		
Date of Birth:		
Home Tel:		
Mobile Tel:		
Work Tel:		
		Postcode:
E-mail: <i>(Please provide an e-mail address wherever possible as we would like to send course correspondence by e-mail)</i>		

Please state any Football Club, School and/or Sports Organisation you are involved with, and in what capacity:

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Current Relevant Qualifications:

Have you got a valid * FA, St Johns, British Red Cross or HSE First Aid Certificate? **Yes / No**

Have you got a valid * FA Safeguarding Children Certificate (formerly Child Protection)? **Yes / No**

**(First Aid and Safeguarding Children Certificates are valid for 3 years only)*

Please state any *relevant* qualifications you have already completed, and enclose copies of certificates. (These may include pre-requisites of the course so please check before booking if you are unsure)

Qualification Obtained	Date Completed

For office use only:

Course

Receipt

FAN

I wish to apply for the following Course(s):

Course title		Course Code	Start Date	Venue	
Code	Course	Please check dates and venue of the course prior to booking. These are set well in advance of the course and may be subject to change.			
CCF1	Level 1 Coaching Course	AL1	5th, 12th, 19th Sept, & 26th EFA	Witchford Village College	
CCF2	Level 2 Coaching Course				
CCF3	Level 3 (UEFA B) Coaching Course				
EFA	Emergency First Aid				
FA4S	First Aid for Sport				
SCW	Safeguarding Children Workshop				
WOW	Club Welfare Officer Workshop				
AL1	Adult Level 1 Coaching Certificate				
GK1	Goalkeeping Level 1				
JFO	Junior Football Organiser				
AAIM	Age Appropriate Introductory Module				
YAM1/2	Youth Award Module 1/2				
		Deposit only (non refundable)	or	Full Cost including deposit	Amount enclosed £35

We accept payments by cheque, postal order or cash only. Please do not post cash payments. Cheques should be made payable to Cambridgeshire FA Ltd.

Booking Terms and Conditions

Places are secured only on receipt a completed booking form and payment of a non-refundable deposit, or payment in full. All courses must be paid for, in full, at least 10 days before the start of the course.

Once booked on a course, you are required to give us at least 10 working days notice of a cancellation. Otherwise you will not be eligible for any credit note or refund except in extenuating circumstances which will be determined solely at the discretion of Cambridgeshire FA. All cancellations or transferrals will be subject to an administration fee of £10.

Cambridgeshire FA courses include a subsidy provided by The College of West Anglia. The subsidy is subject to the following conditions:

- (i) you must be over 16 years of age on the 1st September prior to the start date of the course; and
- (ii) you must have been born in an EU country; and
- (iii) you must have lived in the UK for the last 3 years.

Cambridgeshire FA reserves the right to alter dates and venues of courses when necessary. If dates and/or venues change, candidates will be informed prior to the start of the course. It is the responsibility of each candidate to check their availability to attend the course dates and venues prior to booking.

Some courses are subject to prerequisite conditions and you should meet these prior to the start of the course. Each individual is responsible for checking that he/she meets the prerequisites before the course starts. Candidates who have not fulfilled the prerequisites may be withdrawn from the course and lose payment in full.

I understand that I will be accepted on the course only if I have paid the cost of the course in full and I fulfill all the course prerequisites. I agree to the Cambridgeshire Football Association's Booking Terms and Conditions as set out above.

Signed..... Name..... Date.....

*On receipt of your Booking Form and payment we will forward a full receipt as confirmation of your Course booking/s.
If you are not successful in booking the course we will contact you to offer alternatives.
Final Course details will be forwarded to you nearer to the Course date.*

NB: (i.) Cambridgeshire Football Association Limited, the venues, their stewards, agents and employees are under no liability whatsoever in respect of personal injury, loss or damage whilst in attendance on any Course.
(ii.) The information provided to the Cambridgeshire Football Association will be stored and used in accordance with The Data Protection Act 1984.